

# Can-Fit-Pro



## CPTN Conference 2006

Congratulations on your attendance at the CPTN Conference June 16-18, 2006. Can-Fit-Pro is proud to be associated with this great educational event.

Below is a list of all sessions at this event. Please complete the chart by checking off the courses that you attended and circling the total number of CECs as a Personal Trainer Specialist (PTS), Fitness Instructor Specialist (FIS), Nutrition and Wellness Specialist (NWS), Pre and Post Natal Fitness Specialist (PFS), Older Adult Fitness Specialist (OAS) Program Director Specialist (PDS) and/or Mind Body Fitness Specialist (MBS) that you have accumulated at this event. Once completed, this chart must be retained along with the Event Certificate for proof of your attendance.

Candidate Name:

Session Name	PTS	FIS	NWS	PFS	OAS	MBS	PDS
Ultimate Back Fitness	4	4					
Yoga For Athletes and Personal Trainers	4	4	4			4	
F.A.S.T. Program	4						
Precision Nutrition	2	2	2				
Running Assessment and Prescription Camp	2	2					
Nutritional Awakening	1	1	1				
Low Back Exercise: Separating Myth from Fact	1	1					
Tools of the Trade	1						
Slippery Slopes: Developing and Maintaining Appropriate Boundaries in Your Work	1						1
The Energetics of Fitness	1	1	1				
Performance Testing: Stop Training in the Dark	1						
Creating the Right Environment for Nutritional Change			1				
Achieving Hormonal Balance, Wellness and Optimal Body Composition	1	1	1				
Living Core Control	1	1	1			1	
SCENAR Therapy - The Power of the Brain	1	1	1				
Structural Body Balance	1						
Coaching Physique Competitors	1	1	1				
Start Successful: Create a Foundation of Success	1						1
Boost Your E.I. to Build your Business Success	1						1
Misconceptions of Strength Training	1	1					
Training for Baby Boomers	1	1			1		
Ergonomic Applications	1	1					
Rock Hard Core Conditioning	1	1					
Selling by Attraction and Value	1	1					1
Functional Training	1	1					
Financial Fitness	1	1					1
Biosignature Modulation	1	1					
Warm Up to Strength Training	1	1					
Nutritional Behaviour Modification Strategies	1	1	1				
Back Exercises for People Who Drive Too Much	1	1					
Anatomy of Stretching	1	1				1	

My signature below acknowledges that all information on this chart is true based on sessions that I attended.

Signature

Authorization by Susan Lee:

Signature