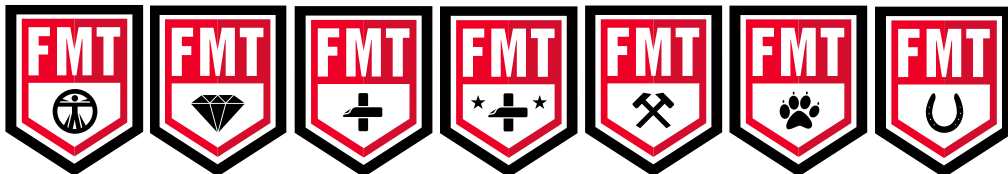




ROCKTAPE[®]
Go stronger, longer



EDUCATION THAT MOVES



Functional Rehabilitation Movement Assessment Evidence Based
Kinesiology Taping Soft Tissue Therapy Mobility & Stability Programming
Motor Control Sports Performance & Recovery Hands-on Education All
Supplies Provided

ROCKTAPE®

Go stronger, longer

Moving is as natural to learning as breathing is to living.

No matter the age, we learn better by doing.

RockTape's education portfolio and panel of speakers
will not disappoint!

**Check out these technically sound, scientifically-based,
dynamic hands-on course options.**





KINESIOLOGY TAPING REDEFINED

2 hours

This course introduces the concept of movement therapy and enhancement via functional taping methods. It includes a review of the current literature supporting the theory of kinesiology taping for the purposes of pain mitigation, rehabilitation, edema/ swelling and neurosensory input.

This course is intended for practitioners and therapists with all levels of experience with soft tissue techniques; all supplies needed for the course are provided.



KINESIOLOGY TAPING FOR GERIATRICS AND PEDIATRICS

2 hours

This course introduces the concept of movement therapy and enhancement via functional taping methods with populations who require special treatment. The populations include geriatric and pediatric patients. The course includes a review of the current literature supporting the theory of kinesiology taping for the purposes of rehabilitation, edema/swelling management, neuropathic pain, scar and postural management.

This course is intended for practitioners and therapists with all levels of experience with soft tissue techniques; all supplies needed for the course are provided.



KINESIOLOGY TAPING FOR PREGNANCY

2 hours

This course introduces the concept of movement therapy and enhancement via functional taping methods with a special focus on pregnant patients. The course includes a review of the current literature supporting the theory of kinesiology taping for the purposes of rehabilitation, edema/swelling management, neuropathic pain, scar and postural management.

This course is intended for practitioners and therapists with all levels of experience with soft tissue techniques; all supplies needed for the course are provided.



INSTRUMENT ASSISTED SOFT TISSUE MOBILIZATION (IASTM) WITH MOVEMENT: BASIC, GENTLE SOFT TISSUE TECHNIQUES FOR YOUR PATIENT CARE.

2 hours

This course introduces the concept of movement therapy and performance enhancement via Instrument Assisted Soft Tissue Mobilization (IASTM). The tools may be hard-edged, but the techniques don't need to be aggressive to deliver superior patient outcomes. Dysfunctional movement screening patterns will be reviewed along with corresponding soft tissue tools to improve patient outcomes. The anatomy, physiology and neurology of myofascial soft tissue work are covered. IASTM intervention strategies will be combined with kinesiology taping and corrective exercise techniques to deliver a comprehensive approach to patient care. The course is intended to be a workshop—a hands-on environment.

This course is intended for practitioners and therapists with all levels of experience with soft tissue techniques; all supplies needed for the course are provided.



KINESIOLOGY TAPING FOR PERFORMANCE

2 hours

This course expands on the concepts of movement therapy and performance enhancement via functional taping methods. The anatomy and physiology of myofascial slings is covered. Movement assessment to determine dysfunction in specific slings and how to apply tape in a manner that improves movement and function is done in a workshop, hands-on environment.

This course is intended for practitioners and therapists with all levels of experience with soft tissue techniques; all supplies needed for the course are provided.





MYOFASCIAL CUPPING

2 hours

This course introduces the concept of skin/fascial decompression to help improve tissue mobility, improve movement and modulate pain with the use of myofascial cups. This course will cover the anatomy, physiology and neurology of the effects of myofascial cupping on connective tissue gliding, tissue traction and tissue decompression. Interventions with myofascial cupping will be reviewed based on the literature and integrated into current rehabilitative concepts.

This course is intended for practitioners and therapists with a basic understanding of soft tissue techniques.



COMPRESSION BAND FLOSSING

2 hours

This course introduces the concept of skin/fascial/ nerve gliding to help reduce tissue swelling, improve movement and modulate pain with the use of 'compression band floss'. This course will cover the anatomy, physiology and neurology of the effects of compression band flossing on connective tissue gliding, tissue traction and tissue compression. Interventions with compression band floss (including direction and pressure concepts) will be reviewed and integrated into current rehabilitative concepts.

This course is intended for practitioners and therapists with a basic understanding of soft tissue techniques.



NOT YOUR **AVERAGE** PRESENTER...



RockTape, Inc's world-renowned instructors provide a teaching experience far beyond that of your typical convention programming. Our talented group will create a unique and interactive environment that is sure to be a crowd favorite. Evidence-based, proven and genuine, our team can be found regularly speaking at high profile industry events and leading the charge to improve movement across the globe. For a full list of our amazing lineup, please visit: rocktape.com/education-research/our-instructors